

Question: What are the disadvantages of shower chairs?

Answer:

- **Restricted movement** – A fixed shower chair's back and arms may limit your movements and ability to shower in your preferred position.
- **Not always suitable if you struggle to sit from standing** – If you have mobility issues that make it painful or challenging to sit down or stand up, you may prefer a seat that caters to your height and movement restrictions. However, some shower chairs offer adjustable seating.
- **Less stable than fixed seating** – Because shower chairs are freestanding, they may tip if you lean on them too heavily.
- **Take up space** – Shower chairs can be bulky and take up more surface area than a shower stool.

